

Four in One Awareness to Inclusion Fun Run/Walk Registration Form

Name: _____

Male _____ Female _____

Street Address: _____

City/State/Zip: _____

Email Address: _____

Phone: _____

Circle one: 5K Run/Walk 1 mile walk

Circle T-Shirt Size(s) (unisex sizes): Child S Child M Child L Adult S Adult M Adult L
Adult XL Adult XXL XXXL XXXXL

Consent & Waiver of Liability: In consideration of this entry, I, the undersigned, intending to be legally bound hereby for myself, my heirs, executors, and administrators, waive and release any and all rights and claims or damages I may have against the All Abilities Athletics and the Four Rivers YMCA and their representatives, successors, and assigns for any and all injuries suffered by me in said event. I further warrant that I have trained for a race of this distance and weather conditions and that I am physically fit for such an event. Event photos may be used for promotional purposes.

Entrant Signature: _____

Date: _____

(or parent/guardian signature, if entrant is under age 18)

